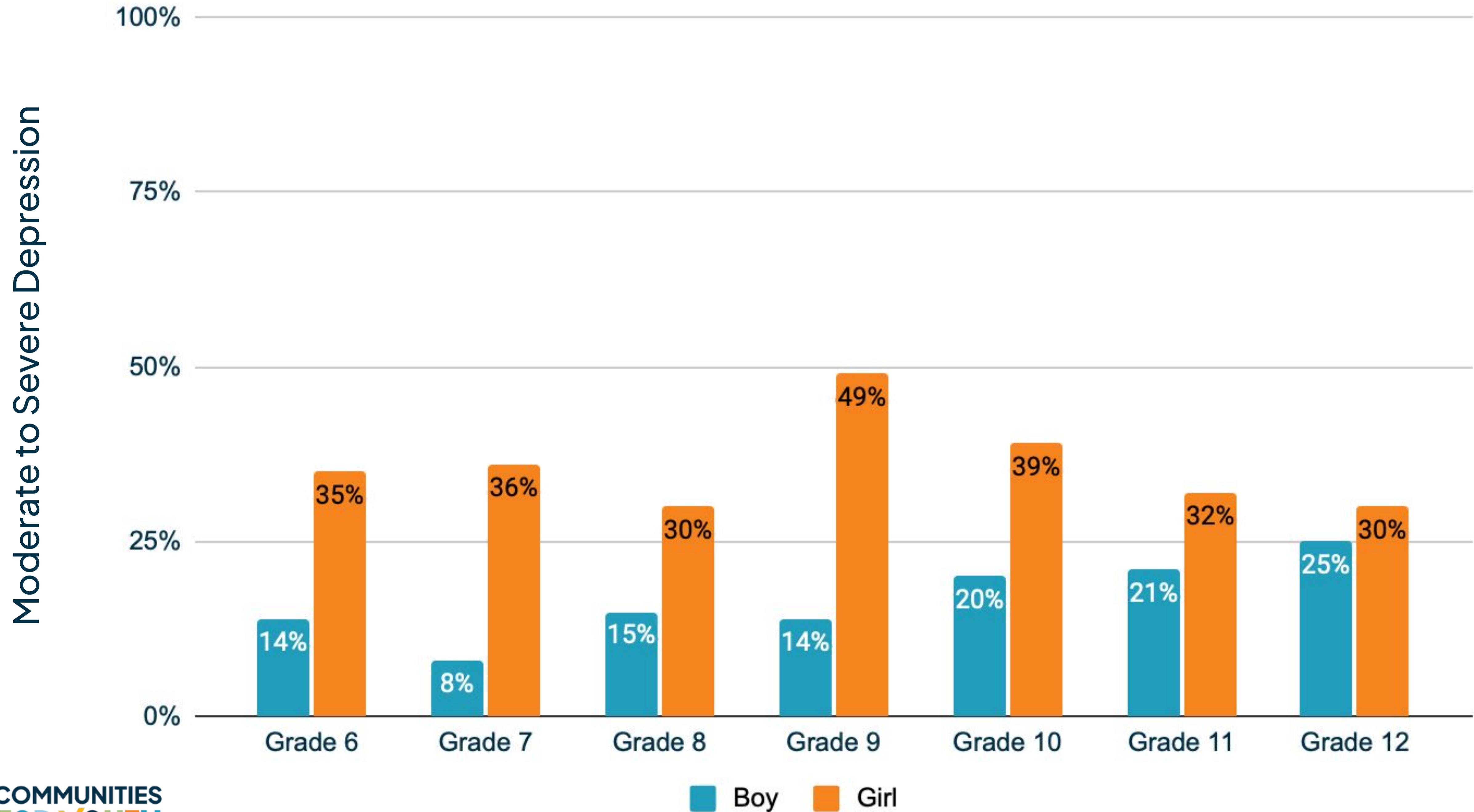


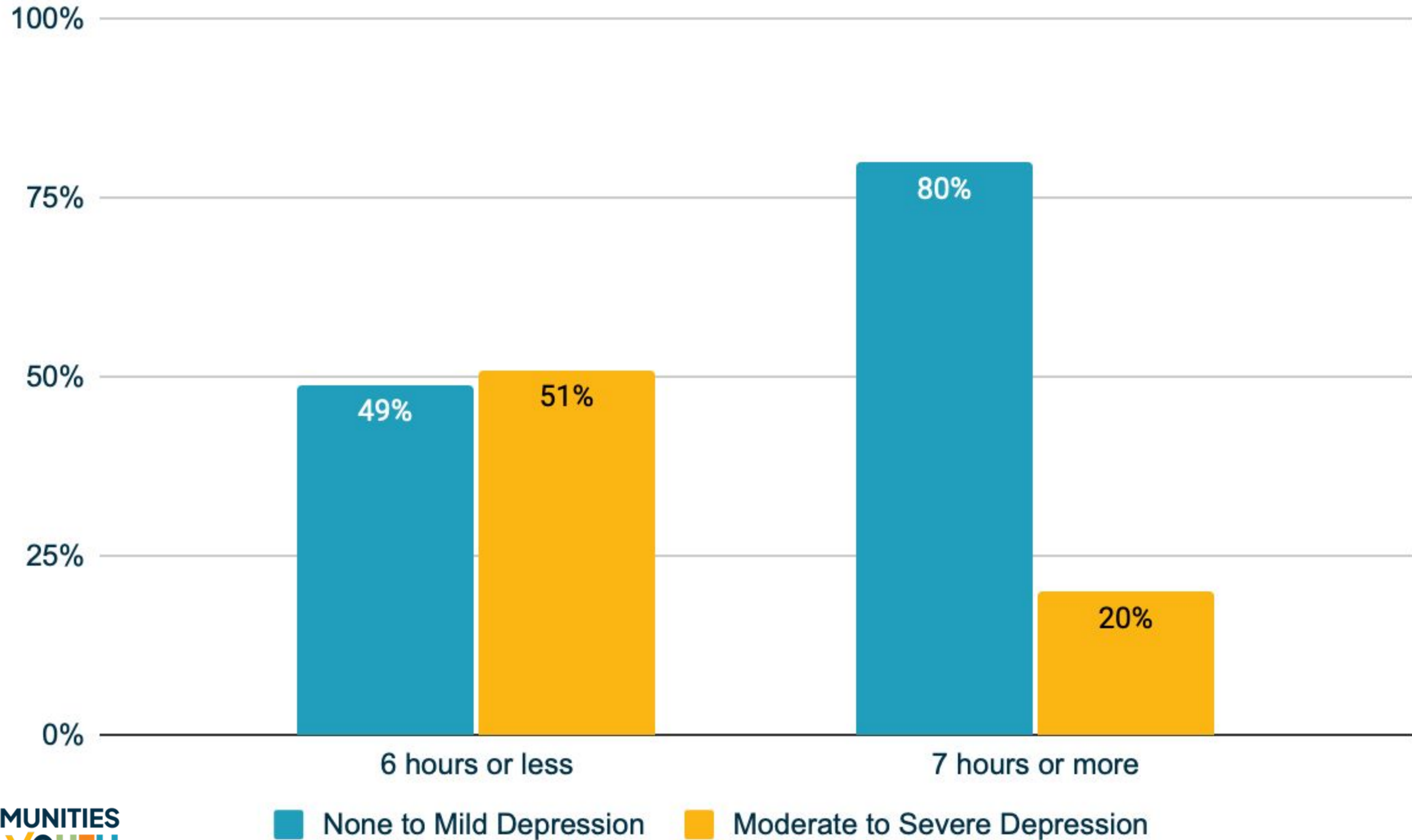
Notes:

- Participation in extracurricular activities did not show anything significant for depression/stress
- Time spent on social media (and also combined with video games and streaming services) did not show anything significant for depression/stress/social isolation
- We did not measure time spent with family on this survey, only parental monitoring and family social support (included)

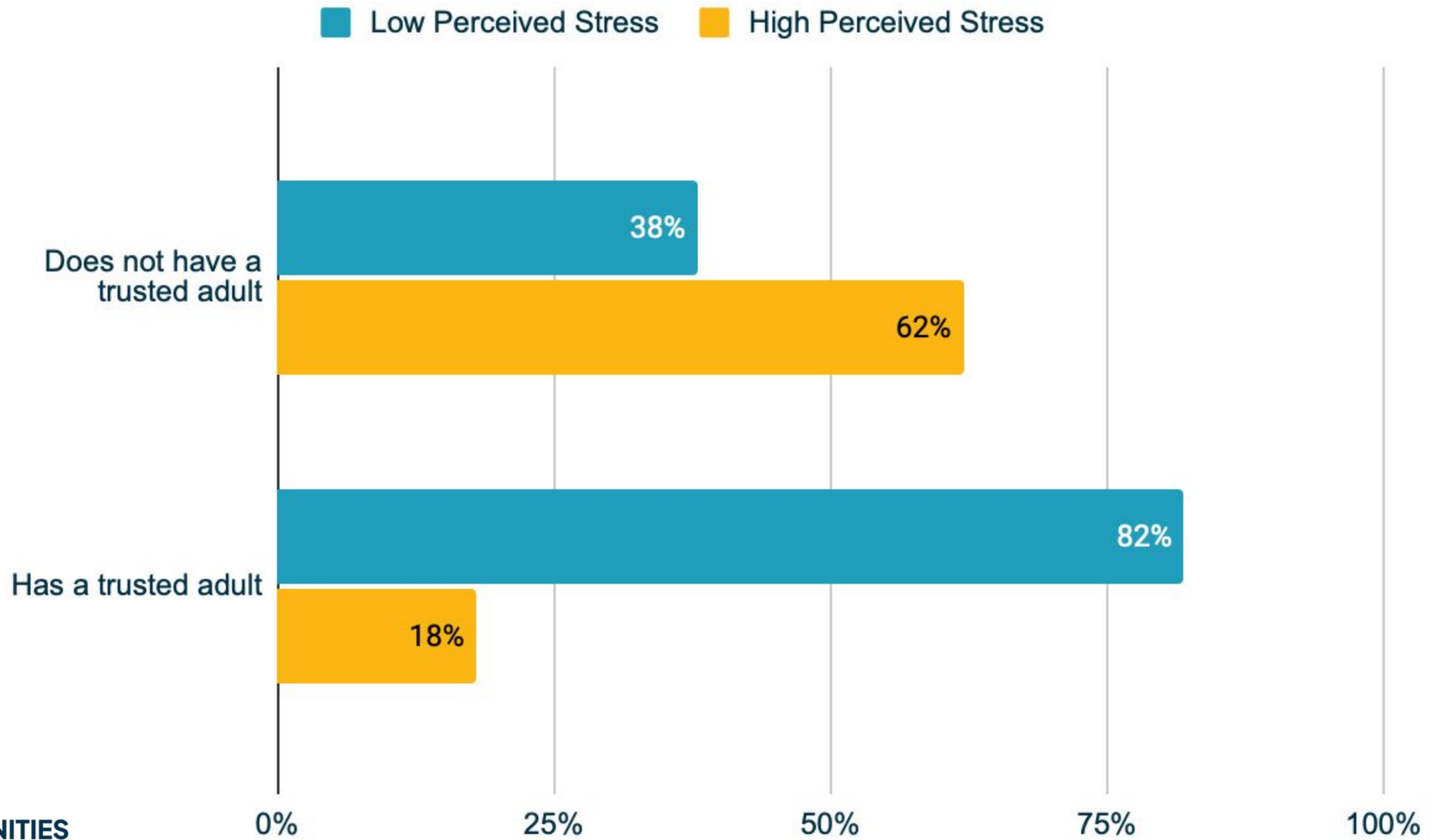
PHQ-9 Clinical Depression Symptoms in Blaine Students



Students Reporting Depression by Duration of Sleep

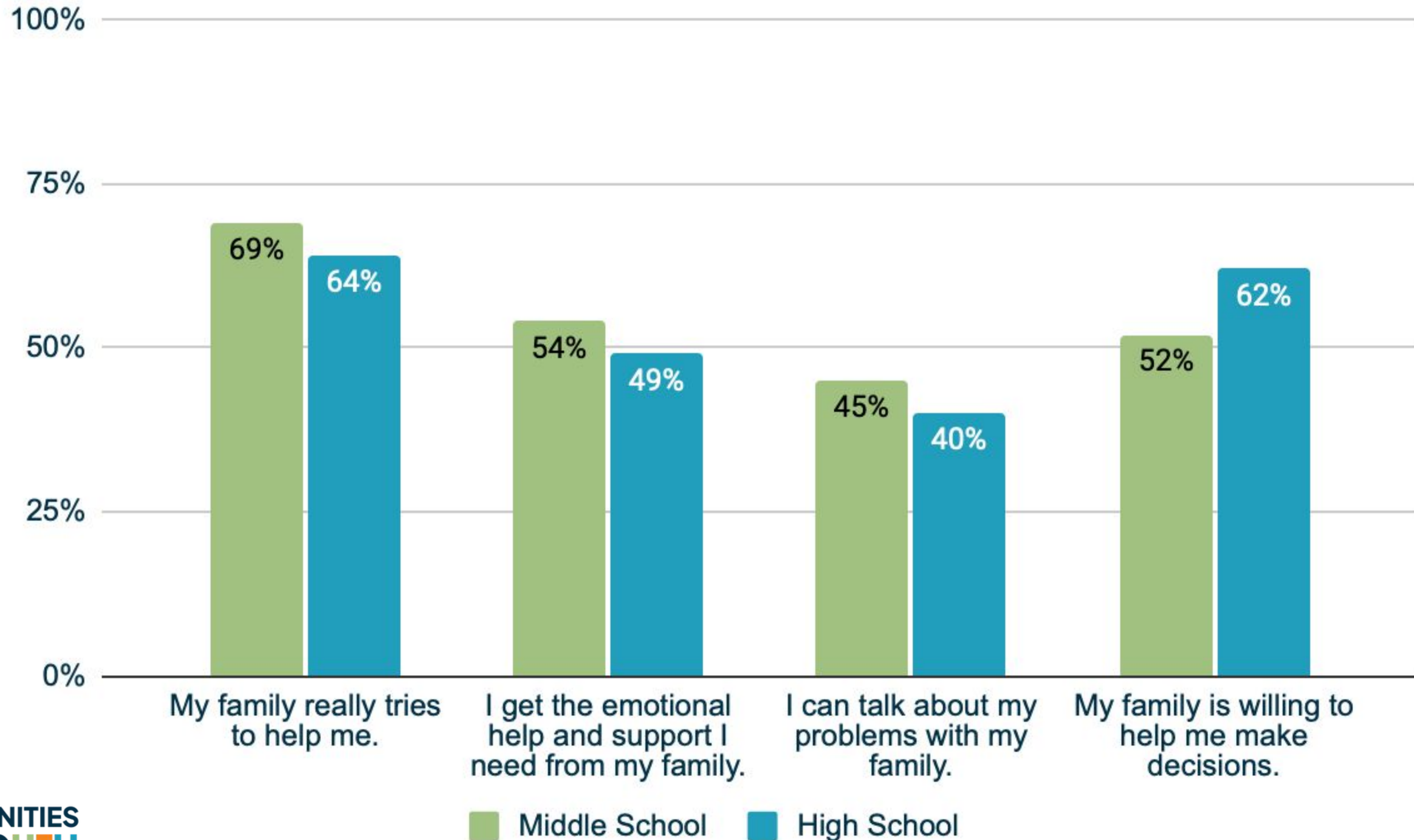


Student Stress and Connection to a Trusted Adult



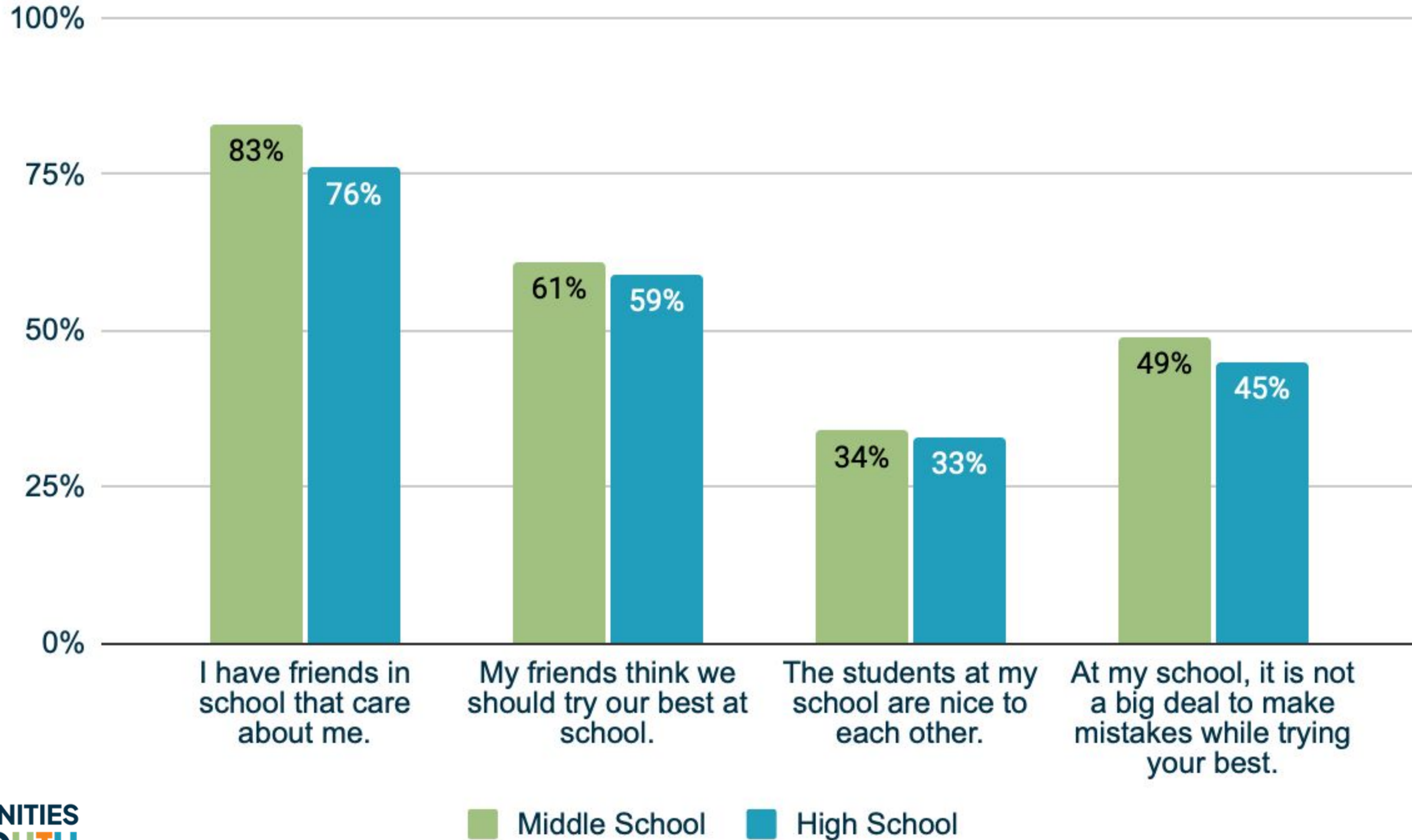
Social Support (Family) for Blaine Students

(%) “Strongly Agree” + “Very Strongly Agree”

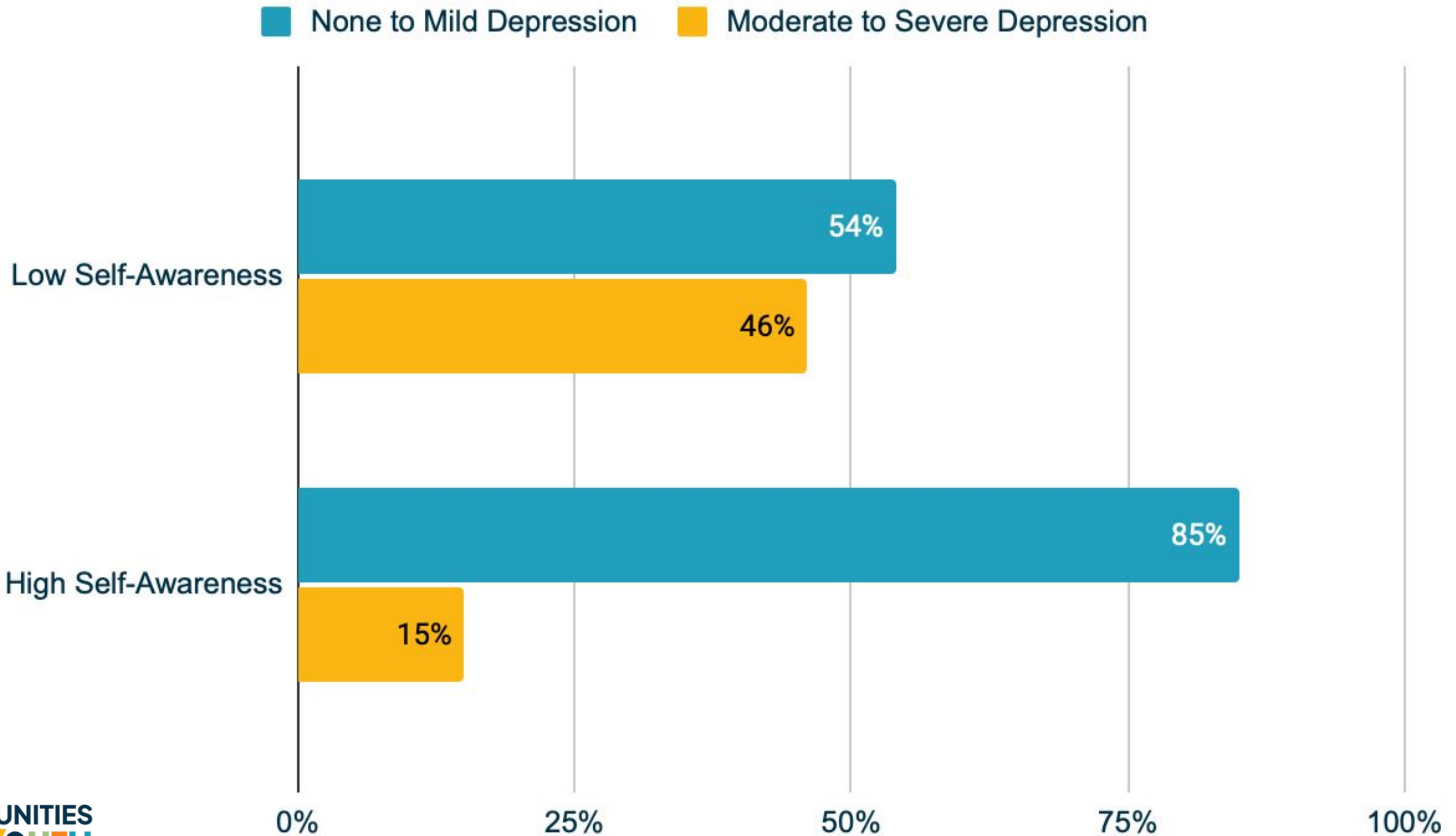


Protective Factors (Peers) for Blaine Students

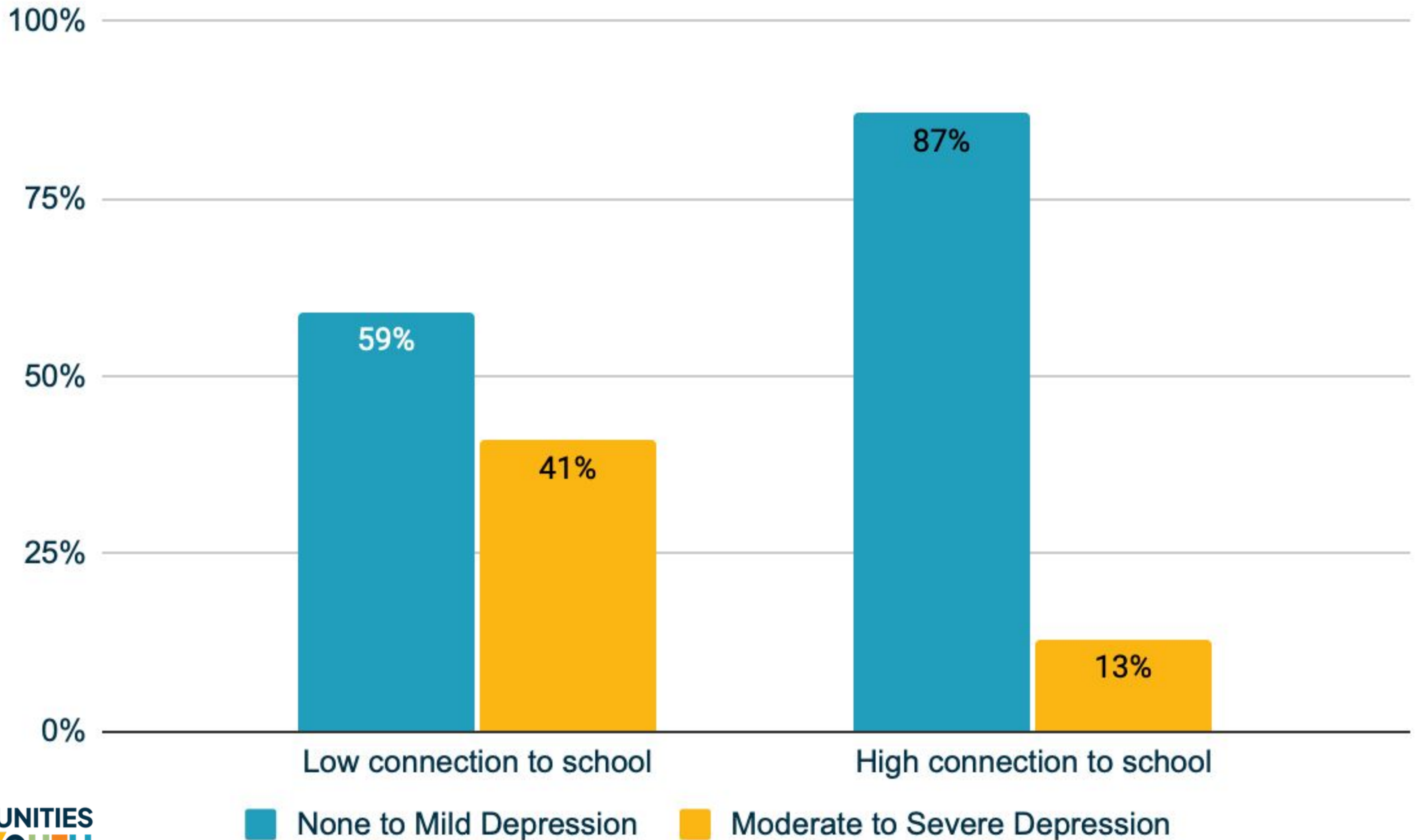
(%) “Somewhat Agree” + “Strongly Agree”



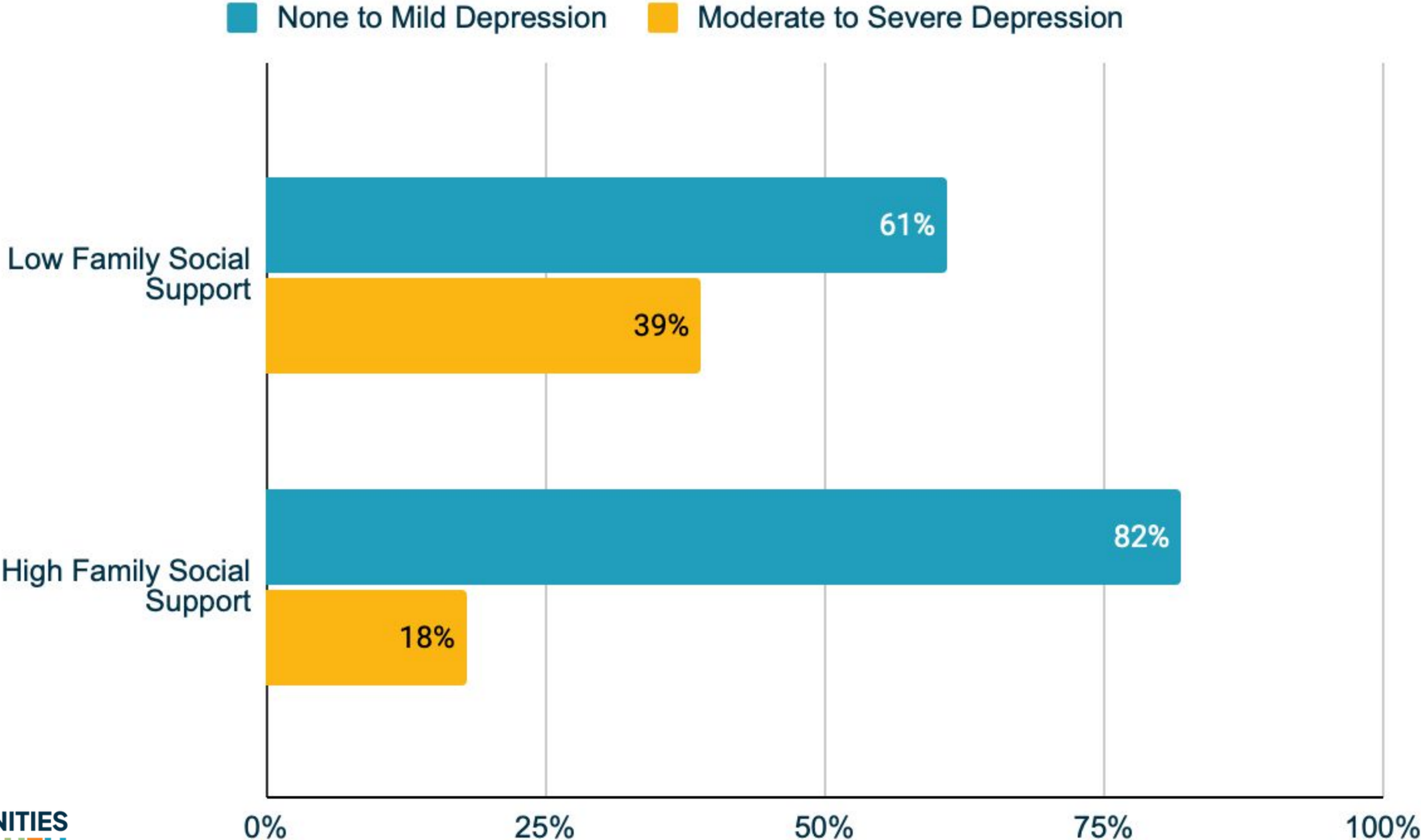
Students Reporting Depression by Level of Self-Awareness



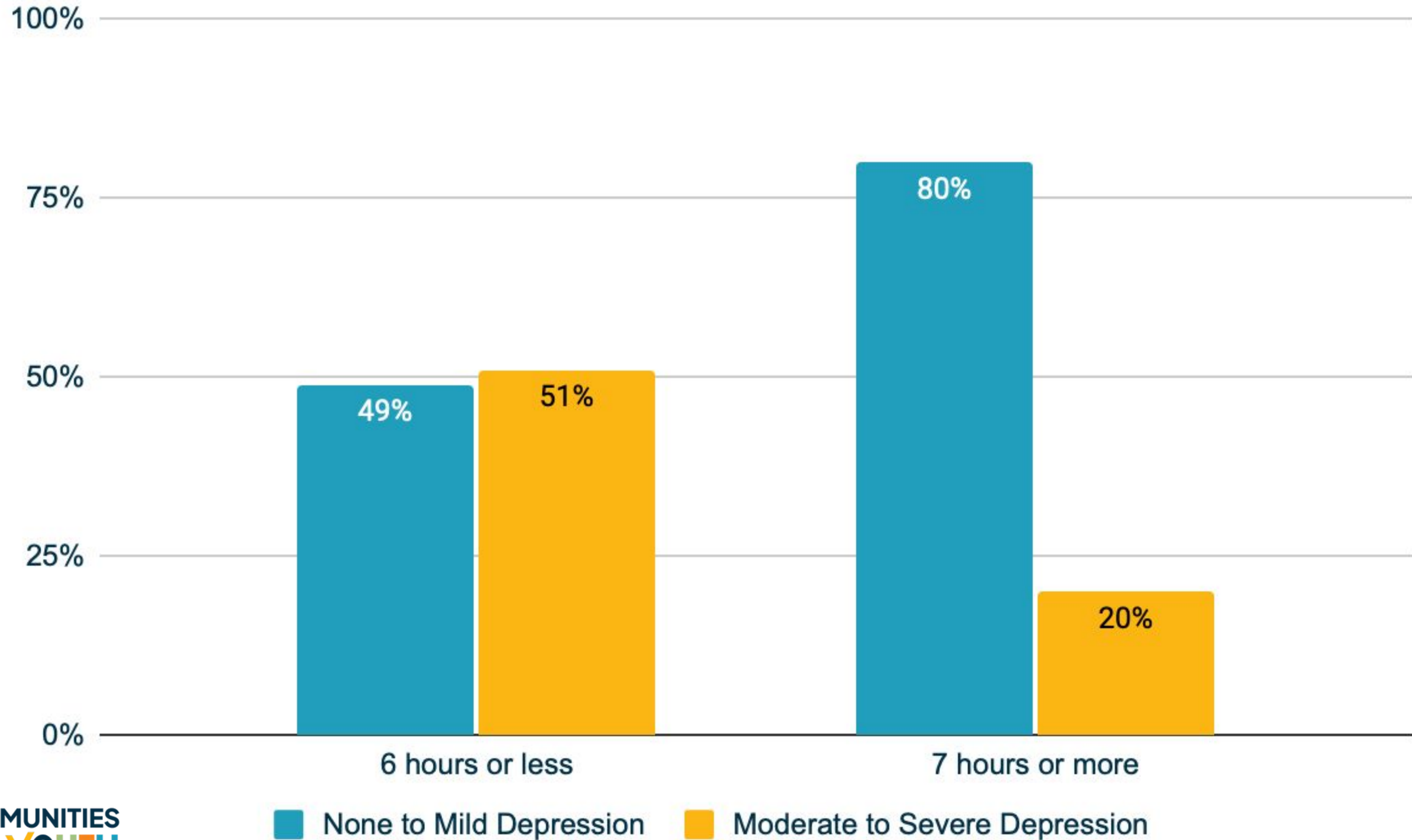
Students Reporting Depression by Level of School Connectedness



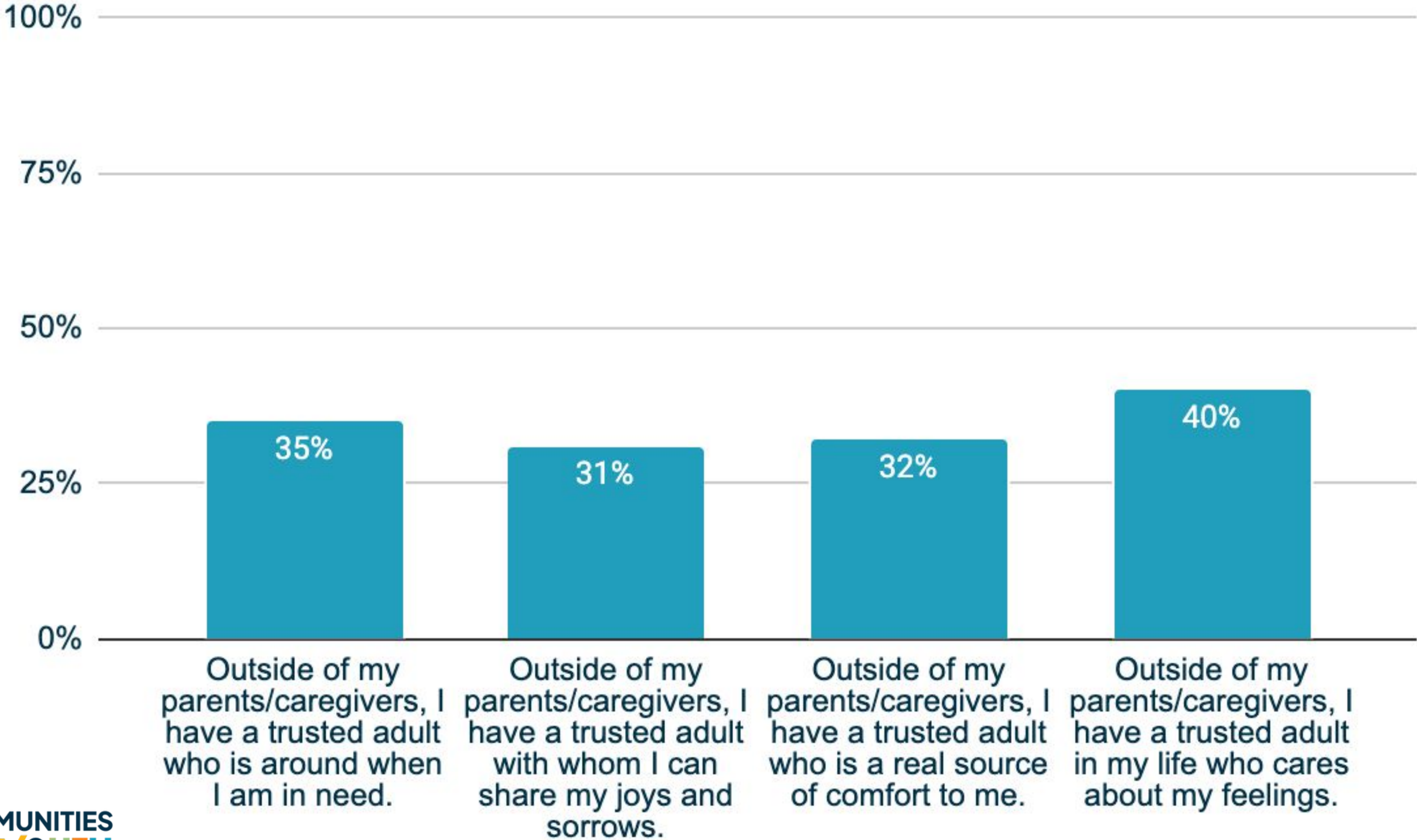
Students Reporting Depression by Level of Family Support



Students Reporting Depression by Duration of Sleep



Trusted Adult for Blaine Students



Mattering for Blaine Students

